1. Anatomy and Physiology

Important Questions:

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Describe the structure and function of the heart

• Explain the digestive system with a labeled diagram

Write about the structure of a neuron and nerve impulse conduction

Explain the respiratory system and mechanism of breathing

Write short notes on the endocrine glands

Difference between male and female pelvis

Describe blood composition and functions

2. Microbiology

Important Questions:

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• Define microbiology and its scope in nursing

• Explain classification of microorganisms

Describe the structure of bacteria with a diagram

Methods of sterilization and disinfection

Role of nurse in infection control

Define immunity and types of immunity

Write about hospital-acquired infection and prevention

3. Psychology

Important Questions:

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Define psychology and its importance in nursing

• Explain the stages of human growth and development

Write about motivation and its types

Define personality and describe its types

Discuss stress and coping mechanisms

Write about learning and factors affecting it

Role of nurse in understanding patient behavior

4. Sociology

Important Questions:

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Define sociology and its importance in nursing

Write about social groups and their types

• Explain the role of family in health and disease

Describe social stratification and its effects on health

Define culture and its impact on health

Difference between rural and urban communities

Explain social disorganization and its consequences

5. Fundamentals of Nursing

Important Questions:

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Define nursing and explain the nursing process

Write about the principles of personal hygiene

Methods of taking vital signs with normal values

Care of patient with fever and unconsciousness

Admission and discharge procedure in hospital

Explain infection control techniques

Role of nurse in patient care and documentation

6. First Aid

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Important Questions:

- Define first aid and golden rules
- First aid in case of burns, fractures, and bleeding
- Management of shock and fainting
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CPR steps and when to apply

- First aid for snakebite and dog bite
- Bandaging techniques and types
- Emergency management of poisoning

7. Community Health Nursing

Important Questions:

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- Define community health and its principles
- Describe primary health care and its elements
- Explain levels of disease prevention

Role of nurse in health education

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- Write about National Immunization Schedule
- Methods of waste disposal in community

Describe communicable disease control measures

8. Environmental Hygiene

Important Questions:

Define environment and personal hygiene

Sources of water and purification methods

Methods of solid and liquid waste disposal

• Importance of ventilation and lighting

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- Role of nurse in maintaining environmental hygiene
- Types of pollution and their health hazards
- Food hygiene and safety measures

9. Health Education & Communication Skills

Important Questions:

Define health education and its importance

Principles and methods of health education

Barriers to communication and how to overcome them

• Role of nurse as a health educator

• Use of AV aids in health teaching

Group teaching vs. individual teaching

Write about effective communication skills

10. Nutrition

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Important Questions:

Define nutrition and balanced diet

Functions and sources of proteins, carbohydrates, and fats

Nutritional needs for different age groups

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- Malnutrition: causes, prevention, and treatment
- Explain food preservation and food adulteration
- Role of nurse in promoting good nutrition
 - Therapeutic diet in illness